

SAFE MOTHERHOOD DAY CELEBRATION 2026 – REPORT

Theme: Holding Ground on Maternal Health

Date: 2 April 2026

Venue: Lecture Hall–2, 1st Floor, Symbiosis Medical College for Women (SMCW), Pune

Organized by: Pune Obstetrics and Gynaecological Society (POGS), Symbiosis Medical College for Women (SMCW), Symbiosis University Hospital & Research Centre (SUHRC), and Symbiosis College of Nursing (SCON)



Zoshi

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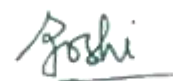
SAFE MOTHERHOOD DAY: HOLDING GROUND ON MATERNAL HEALTH

Organised by Pune Obstetrics and Gynaecological Society (POGS), Symbiosis Medical College for Women (SMCW), and Symbiosis College of Nursing (SCON)

PROGRAMME SCHEDULE

Date: 2 April 2026 (Thursday)
Venue: Lecture Hall -2, 1st Floor, SMCW

Sr. No	Topic	Time	Resource Person
1.	Inaugural ceremony	11.00am to 11.25 am	-
2.	Menstrual hygiene	11.25 am to 11.33 am	Dr. Uma Wankhede, Presidents, POGS
3.	Pre-conceptual counselling	11.33 am to 11.41 am	Dr Kalyani Ingale, POGS
4.	Diet and exercise in Pregnancy	11.41 am to 11.49 am	Dr Shirish Patwardhan
5.	Antenatal Care	11.49 am to 11.57 am	Dr Meenal Patwakar, HoD for OBGYN, SMCW, SUHRC, Pune
6.	High risk Pregnancy	11.57 am to 12.05 pm	Dr Meenakshi Deshpande
7.	AMTSL	12.13 pm to 12.21 pm	Dr Archana Pungaliya
8.	Lactation	12.21 pm to 12.29 pm	Dr Mangala Wani
9.	Contraception	12.29 pm to 12.37 pm	Dr Vaijayanti Patwardhan
10.	Self-breast examination	12.37 pm to 12.44 pm	Dr Charulata Bapaye
11.	HPV Vaccine	12.44 pm to 12.50 pm	Dr. Seeta Devi, Professor, SCON , Pune



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Date: 2 April 2026 (Thursday)
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INAUGURAL CEREMONY- MINUTE TO MINUTE PROGRAMME

Time	Programme
11:00 am	Arrival of all the dignitaries
11:00 am – 11:03 am	Welcome address Dr Sonopant G Joshi, Director SCON
11.03 am – 11.05 am	Lighting of the Lamp
11.05 am -11.08 am	Felicitation of dignitaries
11.08 am – 11.11 am	Overview of the Event Dr Meenal Patwakar, HoD for OBGYN, SMCW & SUHRC.
11.11 am – 11.16 am	Program Theme : Holding Ground on Maternal Health Dr. Uma Wankhede, President, POGS
11.16 am – 11.18 am	Prize distribution
11.18 am- 11.23 am	Keynote Address Dr. Rajiv Yeravdekar, Provost, FoMHS
11.23 am -11.25am	Vote of Thanks Dr. Seetadevi, Professor, SCON



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Introduction

Safe Motherhood Day 2026 was celebrated with great enthusiasm under the theme “**Holding Ground on Maternal Health.**” The programme emphasized the importance of sustaining progress in maternal healthcare, strengthening healthcare systems, and ensuring equitable, accessible, and quality care for every mother and newborn. The event served as a valuable academic platform for healthcare professionals, faculty members, and students to enhance their knowledge and understanding of key maternal health issues.

Objectives of the Programme

- To create awareness regarding maternal health and safe motherhood practices
- To emphasize the importance of antenatal, intranatal, and postnatal care
- To promote evidence-based practices in maternal healthcare
- To enhance knowledge on high-risk pregnancy and its management
- To encourage student participation in maternal health advocacy

Pre-Event Activity: Poster Competition (1 April 2026)

As a part of the Safe Motherhood Day celebrations, a **Poster Competition** was organized on **1 April 2026** to encourage student engagement and promote awareness on maternal health.

Students presented posters on diverse topics such as maternal nutrition, antenatal care, breastfeeding, high-risk pregnancy, and preventive healthcare. The activity provided a platform for students to integrate theoretical knowledge with creative expression and public health advocacy.

The evaluation was conducted by:

- **Dr. Kalyani Ingale**, expert in obstetrics and maternal health
- **Dr. Saheela Upendra**, academician and expert in nursing education

The posters were judged based on scientific accuracy, clarity, creativity, relevance, and presentation skills. The evaluators appreciated the depth of knowledge and innovative approaches demonstrated by the participants.

Winners:

- First Prize: Ms. Jovita Bijoy & Mr. Manish Kumar
- Second Prize: Ms. Neha Andare
- Third Prize: Ms. Athira Saji & Ms. Aqeen Bi Mariya

The winners were felicitated during the inaugural ceremony.

Inaugural Ceremony

The programme commenced at **11:00 am** with the arrival of dignitaries.

Welcome Address

Dr. S. G. Joshi, Director, SCON, delivered the welcome address, highlighting the importance of maternal health and the need for continuous learning and research in improving healthcare outcomes.

Lighting of the Lamp

The ceremonial lighting of the lamp symbolized knowledge, hope, and commitment toward safe motherhood.

Felicitation

Dignitaries were felicitated in recognition of their contributions to healthcare and medical education.

Overview of the Event

Dr. Meenal Patwakar, Head of Obstetrics and Gynaecology, SMCW & SUHRC, provided an overview of the event. She emphasized the importance of integrated maternal healthcare, early risk identification, and strengthening institutional healthcare services.

Theme Address

Dr. Uma Wankhede, President, POGS, elaborated on the theme **“Holding Ground on Maternal Health.”** She highlighted the need to sustain maternal health achievements, strengthen healthcare systems, and ensure equitable access to quality maternal care.

Keynote Address

The keynote address was delivered by Dr. Rajiv Yeravdekar, Provost, Faculty of Medical and Health Sciences. He emphasized leadership in healthcare, policy development, and the integration of education and clinical practice to improve maternal health outcomes.

Scientific Sessions

Menstrual Hygiene – Dr. Uma Wankhede

Emphasized awareness, hygienic practices, and breaking social taboos to prevent infections and promote reproductive health.

Pre-conceptional Counselling – Dr. Kalyani Ingale

Highlighted the importance of pre-pregnancy planning, nutritional supplementation, screening, and lifestyle modifications.

Diet and Exercise in Pregnancy – Dr. Shirish Patwardhan

Focused on balanced nutrition, safe physical activity, and prevention of pregnancy-related complications.

Antenatal Care – Dr. Meenal Patwakar

Discussed regular monitoring, early detection of complications, and importance of antenatal visits and education.

High Risk Pregnancy – Dr. Meenakshi Deshpande

Explained identification, monitoring, and multidisciplinary management of high-risk pregnancies.

AMTSL – Dr. Archana Pungaliya

Highlighted evidence-based practices to prevent postpartum hemorrhage through active management.

Lactation – Dr. Mangala Wani

Emphasized early initiation, exclusive breastfeeding, and management of lactation challenges.

Contraception – Dr. Vaijayanti Patwardhan

Discussed various contraceptive methods and their role in family planning and maternal health.

Self-Breast Examination – Dr. Charulata Bapaye

Focused on early detection of breast abnormalities through regular self-examination.

HPV Vaccination – Dr. Seeta Devi

Highlighted prevention of cervical cancer through HPV vaccination and public awareness.

Prize Distribution

The winners of the poster competition were felicitated by the dignitaries during the inaugural ceremony, recognizing their creativity and contribution to maternal health awareness.

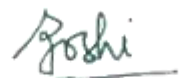
Vote of Thanks

The programme concluded with a vote of thanks by Dr. Seeta Devi, Professor, SCON, who expressed gratitude to all dignitaries, speakers, organizers, and participants.

Conclusion

Safe Motherhood Day 2026 was a highly informative and impactful event that successfully highlighted the importance of sustaining maternal health efforts. The programme promoted awareness, strengthened knowledge, and encouraged collaboration among healthcare professionals and students.

It reinforced the commitment toward ensuring safe motherhood through evidence-based practice, education, and community engagement.



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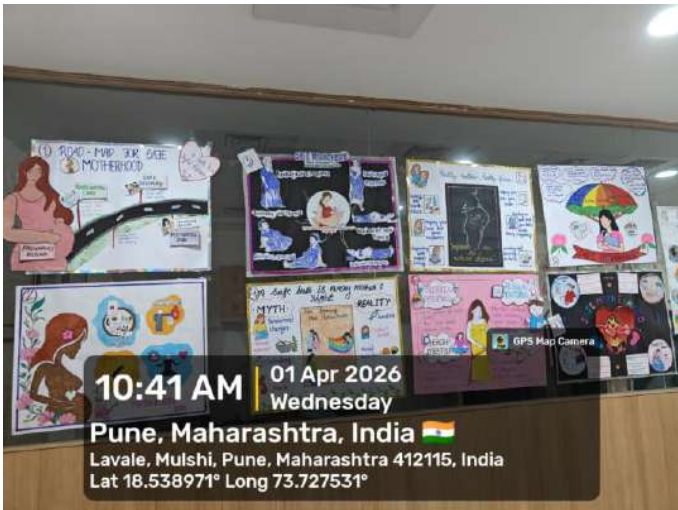


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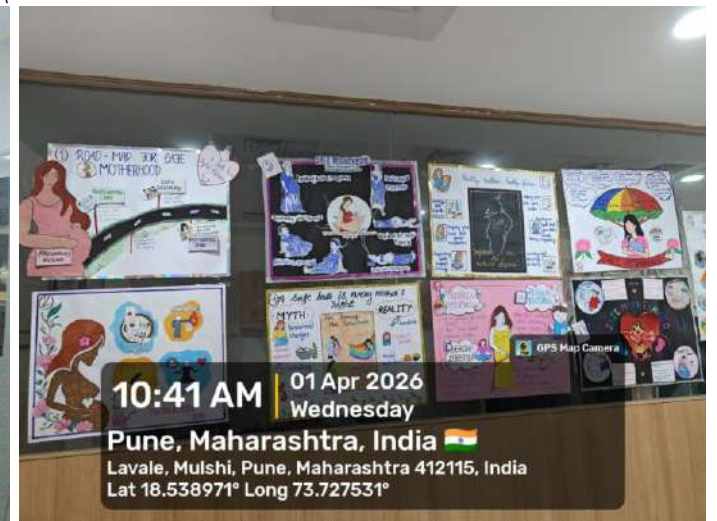
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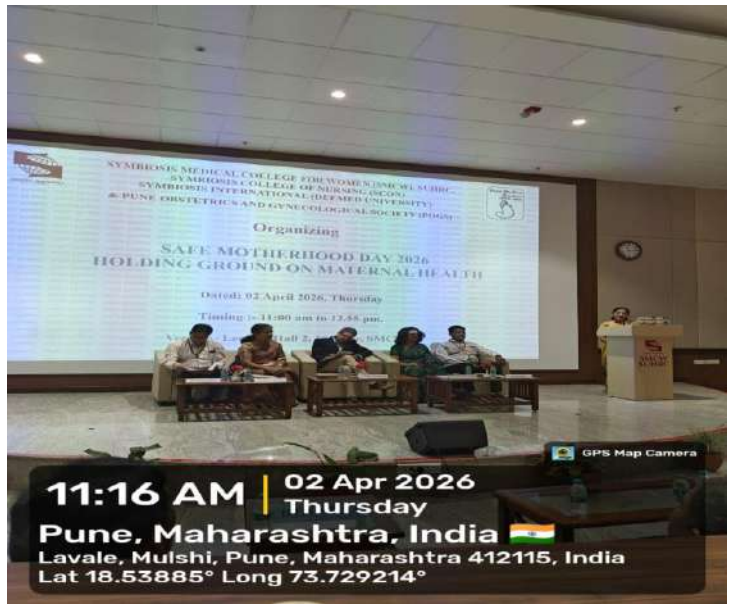
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