



Symbiosis College of Nursing
Symbiosis International (Deemed University)
In collaboration with State IEC Bureau, Maharashtra

**NATIONAL LEVEL VIDEO COMPETITION
ON HEALTH AWARENESS**

OBJECTIVE

To promote health education and community awareness by encouraging nursing and health science students across India to create impactful health awareness videos.

WHO CAN PARTICIPATE?

Nursing & Health Science Colleges across India

VIDEO DETAILS

Entries per College: Maximum 3 videos

Duration: 3–5 minutes each

Format: MP4

Language: Hindi

Subtitles: English or regional language subtitles

Content Requirements:

- Must be original
- Informative, evidence-based, and community-focused
- Must mention the **college name** and **video title**

SUBMISSION

Submit your videos via:

Google Drive / Email

<https://docs.google.com/forms/d/e/1FAIpQLSfwRVcxRzBSnGyYVOB5B53H3elmZIVfbW7eFmOQTBJnmW03eg/viewform?usp=dialog>

APPROVED THEMES

Hygiene & Sanitation
Nutrition & Lifestyle Diseases
Mental Health Awareness
Maternal & Child Health
Communicable & Non-Communicable Diseases
Adolescent Health
Substance Abuse Prevention
Vector-Borne Diseases
Life style management
Behaviour change communication

AWARDS

First Prize

Second Prize

Third Prize

**E-Certificates from State
IEC Bureau, Maharashtra**

Selected videos may be used for public health IEC campaigns

WHY PARTICIPATE?

- ✓ Enhance creativity and communication skills
- ✓ Contribute to national health promotion
- ✓ Gain recognition at a national platform
- ✓ Receive participation certificates

SUBMISSION DEADLINE: 15/02/2026 RESULT DECLARATION: 18/02/2026

**CONTACT DETAILS: Dr. Jasneet Kaur: 7798555587, Dr. Mangesh Jabade: 9699243714,
Dr. Ranjana Chavan: 9892831879, Mr. Pratik Salve: 9970986117**

RULES & REGULATIONS –
NATIONAL LEVEL VIDEO COMPETITION ON HEALTH AWARENESS

1. Eligibility

- The competition is open to students from Nursing and Health Science Colleges across India.
- Participation can be individual or group-based, as per the institution's discretion.
- Each college may submit a maximum of three (3) video entries.

2. Approved Themes

Participants must select one theme only from the approved list:

- Hygiene & Sanitation
- Nutrition & Lifestyle Diseases
- Mental Health Awareness
- Maternal & Child Health
- Communicable & Non-Communicable Diseases
- Adolescent Health
- Substance Abuse Prevention
- Vector-Borne Diseases
- Lifestyle Management
- Behaviour Change Communication
- Geriatric Nursing
- Emergency Nursing / Disaster Management

Entries outside these themes will not be considered.

3. Video Specifications

- **Duration:** 3–5 minutes
- **Format:** MP4 only
- **Language:** Hindi
- **Subtitles:** English or regional language
- **Identification:** The video must clearly mention the college name and video title.

4. Content Guidelines

- Videos must be original and created solely for this competition.
- Content should be informative, evidence-based, authentic, and community-oriented.
- Information presented should be accurate and aligned with accepted public health practices.
- Any form of plagiarism, copied visuals, or copyrighted material without permission will lead to disqualification.
- Content must be respectful and should not include offensive, misleading, or inappropriate material.

5. Submission Process

- Videos must be submitted via Google form only.
<https://docs.google.com/forms/d/e/1FAIpQLSfwRVcxRzBSnGyYVOB5B53H3elmZIVfbW7eFmOQTBJnmW03eg/viewform?usp=dialog>
- Submission Deadline: 15/02/2026
- Result Declaration: 18/02/2026
- Late submissions will not be accepted.
- There is no participation fee.

6. Evaluation Criteria

Entries will be judged based on:

- Relevance to the selected theme
- Accuracy and authenticity of information
- Creativity and innovation
- Clarity of message and communication effectiveness
- Overall impact on community health awareness

7. Awards & Recognition

- First Prize, Second Prize, and Third Prize, E-Certificates from State IEC Bureau, Maharashtra.
- Selected videos may be used for public health IEC (Information, Education & Communication) campaigns.

8. Rights & Usage

- By submitting an entry, participants grant the organizers the right to use, display, or share the videos for educational, promotional, or IEC purposes with due acknowledgment.

Disclaimer

- The views, opinions, and content expressed in the submitted videos are solely the responsibility of the participants.
- Participants are responsible for ensuring that authentic, accurate, and evidence-based information is provided.
- The organizing institution and collaborators shall not be held liable for any incorrect, misleading, or disputed content presented in the entries.

9. Final Authority

- The decision of the judging panel and organizing committee will be final and binding.
- The organizers reserve the right to modify rules, timelines, or other competition-related details if required.