

SYMSPARSH 2023 REPORT



Symsparsh was celebrated in Symbiosis College of Nursing from 7th of April to 13th of April 2023. During symsparsh the students got a chance to showcase their talent in various activities This year in 2023 the events in the symsparsh were as follows: -

- 1) OUTDOOR SPORTS EVENTS
- 2) INDOOR EVENTS
- 3) INDOOR GAMES
- 4) FOOD FESTIVAL
- 5) BOLLYWOOD DAY

7[™] APRIL 2023 OUTDOOR SPORTS EVENT



Outdoor sports event was celebrated at symbiosis international university hill top campus from 9:00 Am to 3pm where the participants gathered and showed their spirit towards the physical health.

In outdoor sports events the games were:-

- 1. Shot put
- 2. 4*100 relay
- 3. 100 mts race
- 4. Cricket tournament

At first shot put was played where there were girls and boys who participated and threw the ball in the allotted area; weighing up to 4kgs for boys and 3 kgs for girls and according the distance the winners were decided. During the shot put game Dr. S.G.Joshi Director Symbiosis College of Nursing visited the field and encouraged the participants to play and win.



After shot put 100 mts race and 4*100 mts relay race were played where the participants from all the batches gave their spirit out to win but as the rules says the winner will be one only.



After relay and 100mt race there was cricket tournament where teams were made batchwise and they competed against each other. In the cricket tournament Bsc 2^{nd} year 3^{rd} semester students won the cricket tournament and it was very very joyful moment!!



10[™] APRIL,2023 INDOOR EVENTS



As the poster itself says that "indoor hua to kya hua artist chupta nahi hai"!! the same way many students participated in the indoor events and showed their hidden talent. The indoor event consisted of following: -

- 1) Mehendi competition
- 2) Rangoli competition
- 3) Traditional attire drapping competition
- 4) Hairstyle competition
- 5) Hand/ face painting competition













For each event the participants were given the chest numbers, for every event there were judges who evaluated the acitivites and winners were chosen by them. It was very amazing to see students showcasing such brilliant talent which was appreciated a lot!!

<u>11[™] APRIL</u> INDOOR GAMES EVENT

As the outdoor games are necessary the same indoor games are necessary, indoor games are significance to the betterment of mental health. In indoor games there were many students who participated in the games and got a chance to enjoy themselves from there busy schedule of college and to relax their mind. In the indoor games there were following games: -

- 1) Guess the alphabet
- 2) Cups and plate tower
- 3) Pick the coin
- 4) Human XOX game
- 5) Move and freeze





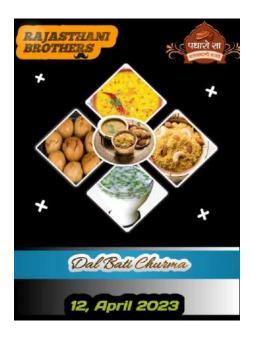


For every game there was scoring based on the game criteria and the winners were chosen by the scoring system. Students had fun time and everyone was just relaxed and enjoyed a lot!!

12[™] APRIL FOOD FESTIVAL DAY

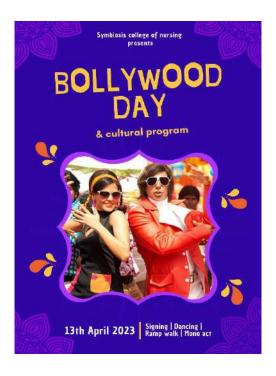


Foooooddd!! The word itself makes us hungry. Not only in games and other events few people have a different talent of cooking delicious food. So to bring out this talent of students food festival was celebrated in symbiosis college of nursing where students made their own stall and earned money from their delicious taste of food. Not only the teachers but the staff of Symbiosis University & Research Centre (SUHRC) staff also came to taste the food made by the students and they just couldn't stop licking their fingers!!





<u>13™ APRIL</u> BOLLYWOOD DAY



So after all the events finally it was the day where all of us get to enjoy a lot!! So it was the Bollywood day where so many competitions where taken like dance performances, singing performances, a mono act, and ramp walk and were performed by the students. Few students came into the Bollywood characters such as gangubai kathiawadi, Parineeti chopda, sita Mahalakshmi, Shahruk Khan etc it was fun to watch them walking the ramp path. The event started with the welcome dance by Ms. Pratiksha from B.Sc. 4th year, After that Dr. Dipali Dumbre, SNA Advisor Symbiosis College of Nursing, welcomed the gathering and told them about the SNA events and showed the little video of the events for those who were not able to attend it. then Dr. SG Joshi addressed the event by encouraging the students and talking about all the events held in the past days. After that the performances continued and judges were evaluating the singing, dancing, ramp walk and mono act performances. It was a really fun time and we all enjoyed a lot!!







So after all the events symsparsh 2023 came to an end, these 5 days were very mesmerizing and beautiful which one could never forget, the SNA unit of SCON took a lot of efforts to celebrate the events and finally it was great success. The entire program was applauded by everyone present and will always remain a beautiful memory in the hearts of one and all present.

THANK YOU !!