



SYMBIOSIS COLLEGE OF NURSING
Symbiosis International (Deemed University)
(Established under section 3 of the UGC Act, 1956 vide notification No.F.9-12/2001-U3 Government of India)
Re-Accredited by NAAC with 'A' grade
Prof. Dr. S. B. Mujumdar, M.Sc., Ph.D., Founder & President, Symbiosis, Chancellor, Symbiosis International University

SYMBIOSIS COLLEGE OF NURSING
PROFESSIONAL GROOMING
2022-2023

Name of SIU Value-added Course: Grooming Young Minds
Course Code: VASCON01

PREAMBLE ON PROFESSIONAL GROOMING



Grooming has been a point of concern since ancient times. The characterization of a person as "Beautiful", whether on an individual basis or by community consensus, is often based on some combination of inner beauty, which includes psychological factors such as personality, intelligence, grace, politeness, charisma, integrity, congruence and elegance, and outer beauty (i.e. physical attractiveness) which includes physical attributes which are valued on a subjective basis.

Standards of beauty have changed over time, based on changing cultural values. Historically, paintings show a wide range of different standards for beauty. However, humans who are relatively young, with smooth skin, well-proportioned bodies, and regular features, have traditionally been considered the most beautiful throughout history.

Professionalism is for everyone. Everyone associated with healthcare is a Professional. Nurses are often considered the backbone of the Health Care community. Most nurses do everything they can to be their best. It is in this spirit of pressing for excellence that Symbiosis College of Nursing has put its step forward to make a great change as it believes in it.

Objective: This course on "Professional Grooming" will incorporate grooming aspects like Professionalism, Soft skills, Etiquettes of communication, appearance and so on.

Joshi
Dr. Sonopant G. Joshi
Director & Professor
Symbiosis College of Nursing (SCON)
Hill Base Campus
Lavale, Pune-412 115.

SYMBIOSIS COLLEGE OF NURSING

Professional Grooming

B. Sc. Nursing I Semester (Academic Year 2022-23)

Content Table

10/10/2022-15/10/2022

Sr.no	Name of the Topic	Name of the faculty
1.	Personal Grooming (Personal Appearance)	Ms Manisha Mistry
2	Personal Grooming (Fitness and Health) – Part I	Mr Satish Choure
3.	Writing Skills	Ms Manisha Mistry
4	Communication and Skill enhancement	Ms Manisha Mistry
5	Dressing Pattern	Ms Nikita B
6	Professional Grooming (Dressing and grooming)	Ms Nikita B
7	Professional Grooming (Dressing Pattern)	Ms Nikita B
8	How to write application letter	Ms Satish Choure
9	Presentation Skills – Part I	Ms Snehal
10	Personal Hygiene	Ms Snehal
11	Personal Grooming (Fitness and Health) – Part II	Mr Satish Choure
12	How to tie Bun & Hair etiquettes in college and clinical	Ms Meghana
13	Professional grooming – Diet and Health	Ms Roma
14	Personal Appearance	Ms Nikita B
15	Working Etiquettes	Ms Roma
16	Morality & Grooming	Ms Roma
17	Spiritual Wellbeing – Part I	Ms Roma
18	Behavioural Etiquettes	Ms Manisha Mistry
19	Dress code during various events	Dr Dipali Dumbre
20	Spiritual Wellbeing – Part II	Ms Shital Barde
21	Presentation Skills – Part II	Ms Snehal
22	Feedback & interactive session on Professional Grooming	Ms Shital Barde

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SYMBIOSIS COLLEGE OF NURSING
P.B.B.Sc. Nursing 1st Year (Batch 2022-24)
Weekly Time Table
Class Room - FON Lab
10/10/2022 to 15/10/2022

Date/Day	9am-10am	10am-11am	11am-12noon	12pm-1pm	1pm-2pm	2pm-3pm	3pm-4pm	4pm-5pm
Monday 10-10-2022	Professional Grooming Personal appearance, Uniform Mrs. Manisha M		Class room induction SCHC Ms. Roma		L U N C H	Professional Grooming Spiritual wellbeing Ms. Roma		Professional Grooming Workout etiquettes Mr. Satish Choure
Tuesday 11-10-2022	Professional Grooming Morality & Grooming Dr. Ranjana C		Professional Grooming How to write an application letter Ms. Snehal			Professional Grooming Presentation skills Ms. Snehal		Professional Grooming Personal appearance Ms. Nikita B
Wednesday 12-10-2022	Professional Grooming Diet & Health Part I Ms. Roma		Professional Grooming Professional etiquettes Mrs. Shital Barde			Professional Grooming Fitness and health Mr. Satish Choure		Professional Grooming Diet & Health Part II Ms. Roma
Thursday 13-10-2022	Professional Grooming Writing Skills Mrs. Manisha M		Professional Grooming Communication skills enhancement Mrs. Shital Barde			Professional Grooming Hair etiquettes Ms. Meghana		Professional Grooming Spiritual wellbeing Ms. Roma
Friday 14-10-2022	Professional Grooming Dress Code for various events Dr. Dipali D		Professional Grooming Writing Skills Ms. Snehal			Professional Grooming Personal Hygiene Ms. Nikita B		Professional Grooming Fitness and health Mr. Satish Choure
Saturday 15-10-2022	MSN Dr. Dipali D		Microbiology Mrs. Manisha M			Microbiology Mrs. Manisha M		Library


Sign of Class Coordinator
Mrs. Manisha Mistry


Sign of Academic Coordinator
Dr. Jasneet Kaur


Sign of Director, SCON
Dr. S. G. Joshi
 Dr. Sonopant G. Joshi
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SYMBIOSIS COLLEGE OF NURSING
P.B.B.Sc. NURSING FIRST YEAR(2022-24)

PROFESSIONAL GROOMING

Attendance

10.10.2022 – 14.10.2022

S. No.	PRN	Name of the students	Attendance				
			10 Oct	11 Oct	12 Oct	13 Oct	14 Oct
1	22040222001	AROLE AMAN ASHISH	P	P	P	P	P
2	22040222002	AISHWARYA MARKAS AUTADE	P	P	P	P	P
3	22040222003	BHAMBURE NEHA SUNIL	P	P	P	P	P
4	22040222004	BHAVIKA MAHENDRA CHAVAN	P	P	P	P	P
5	22040222005	BIRAJDAR AMIT BANKAT	P	P	P	P	P
6	22040222006	CHINCHWADE PRIYANKA JALINDAR	P	P	P	P	P
7	22040222007	CLARENCE BUHPHANG	P	P	P	P	P
8	22040222008	DEVKATE SAKSHI DATTATRAY	P	P	P	P	P
9	22040222009	ROSELINE SAMSON GAIKWAD	P	P	P	P	P
10	22040222010	MAHESHWARI SURYAKANT GANGANE	P	P	P	A	P
11	22040222012	POOJA KALYAN JADHAV	P	P	P	A	P
12	22040222013	RESHAMA CHAKRADHAR JAMANKAR	P	P	P	A	P
13	22040222014	KADAM BHARTI DATTATRAYA	P	P	P	P	P
14	22040222016	MAGAR VIVEK FRANCIS	P	P	P	P	P
15	22040222017	MUNDHE MAHESH BABAN	P	P	P	P	P
16	22040222018	NIRAJ KUMAR SHUKLA	A	A	A	A	A
17	22040222020	SAUMYATA SUNIL RATHOD	P	P	P	P	P
18	22040222021	PRACHI JANARDHAN SAKHARE	P	P	P	P	P
19	22040222022	SHERRY FLORENCE SAVYELL	P	P	P	P	P
20	22040222023	SHAIKH ABDUL GANI ABDUL MAJEED	P	P	P	P	P
21	22040222024	SHAIKH IKRAM SALIM	P	P	P	P	P
22	22040222025	TATPURKAR NITIN SANJAY	P	P	P	P	P
23	22040222026	KAJALE DAYANAND MAHADEV	P	P	P	P	P
24	22040222027	SANSKRUTI SUBHASH KARLEKAR	P	P	P	P	P
25	22040222028	KATKAR CHAITALI EKNATH	P	P	P	P	P
26	22040222029	RUTUJA ASHOK BARHATE	P	P	P	P	P
27	22040222030	SARITHA G	A	A	A	A	A
28	22040222031	SHANTY JOHN	A	A	A	A	A
29	22040222032	SHINDE ANITA KASHINATH	P	P	P	P	P
30	22040222033	SNEHAL VIJAY SHINDE	P	P	P	P	P

Mundhe

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Re-Accredited by NAAC with Grade “A++”

CERTIFICATE OF COMPLETION

Ms./Mr. AROLE AMAN ASHISH bearing PRN **22040222001**, attended and successfully completed the *Value Added Course on PROFESSIONAL GROOMING* held at **SYMBIOSIS COLLEGE OF NURSING** from **10/10/2022 to 14/10/2022**.

Director
Symbiosis College of Nursing(SCON)
Symbiosis International(Deemed University)Campus
Hill Base, Lavale, Pune - 412 115

Signature of the Director